

# SMILE Soul Power

*Michelle Marie Angel*

[www.smile4love.com](http://www.smile4love.com)



## INNER AWAKENING

**IDENTITY:** The eternal identity is knowing one's Self, True Self, or Spirit Essence. When you know yourself as "awareness" or "consciousness" you open the door to EVERYTHING. You are one with the Holy Spirit of Truth within. You are one with pure love. Your true Self IS the Eternal Essence of Awareness. It is known as "consciousness". Consciousness is light. It is the cause of matter. It is the creator of all outward reality. Whether conscious of it or not—we ARE creators.

**BECOMING:** Only spirit can comprehend spirit. To know it, you have to become it. You can't be enlightened by taking in information through your left-brain mind. It's important to "Be Still" to know Spirit, to know your True Self. You can be impacted, or entrained, by someone who emanates higher consciousness. It takes an open heart, and an open mind. If you get stuck in the left brain and employ analytics, you are in a polarity of dualistic viewpoints. An intelligence that sorts one thing from another has its place, but when raising consciousness, there is another way of being. Peaceful, relaxed receptivity is most beneficial.

Develop to the point of absolute **KNOWING**.

"I Am Consciousness" "I Am Awareness" "I Am Light." "I Am Love."

**ATTENTION:** Regular attention to the Christ Light within is the door to Heaven, the door to everything. It is the door that brings True Self realization and finer perceptions. The Christ Light reveals truth. Surrender, or at least suspend, the brain's intelligence and enter the soul's perception through the heart. A purified heart opens the door to higher consciousness.

**SOUL POWER:** Soul Power is that deeper perception that you develop as you regularly contact the Christ Light within. Daily meditation, beginning with at least 5 minutes per day is HIGHLY RECOMMENDED! Just be still and quiet with your eyes closed. Be an observer of your own feelings. Be honest with yourself about your feelings. Talk to God. It's as simple as that.

**PEACE:** When you go into your heart space and perceive your soul's essence, you feel deep inner peace. It feels SO good, you want to keep going back for more! When you develop inner peace, you create a smooth lake, or a mirror reflection. The light shines here! Your soul begins to shine more and more. You get activated. You discover your gifts. You feel deep love. You want to express this love! You want to share your gifts with the world.

**PASSION & PURPOSE:** You discover your soul's blueprint. God's design. The immaculate concept of your own soul's potential. Passion emerges as strength. Your power is activated! You are aligned with Divine Will and you set out to do good in the world.

**HEAVEN ON EARTH & THE BROTHERHOOD OF MAN:** You are tuned in to the Divine Plan. You see everyone as brothers and sisters. We are all souls, flowering and emanating our own essence of perfection.

**As the inward path is followed: the outward life conforms to it.**

**AFFIRMATION:** "I Am experiencing joyous ecstasy as my own sacred pattern of life is brought to the point of complete fruition.

## **INNER AWAKENING**

**Occurs through focused attention on the inner Christ Light.**

**As the Christ Light permeates your being,  
Difficulties melt; joys increase.**

**\*\*\*\*\***

**Center on the peace within.  
Light the world with your unique flavor of love.  
We are transforming consciousness and bringing  
Heaven to Earth.**