

Empowerment

*“Empowerment is just a matter of realizing
and expressing our True Selves.”*

Victims Become Creators

Victimization once perceived
Clearly illusions, now relieved
Empowered by soul; nature unfolds
New story now to be told

Each life is impacting
‘Tis the universe reacting
Sparks of soul igniting
Passion, expression uniting

Consciously creating, essence of soul
Being inwardly, outwardly whole
Harmonizing with All That Is
Deep sensation of being this

Power of consciousness is the key
Changes within individually
Personal impact realization
Upon total world, every nation

Creating with vision, feelings of heart
New World experience; this is the start
Energy of compassion, tool to create
World, wake up—don’t hesitate!

A New Perspective

Life is full of lessons. Most of them are personal or group lessons, but there was a message to the entire world on September 11, 2001. In its most simple form, the message said “Wake Up!”

Because of the mass destruction and loss of lives, the majority of the world’s population was sent directly to the depths of our hearts to feel compassion. The whole energy in the world shifted that day.

At once we felt a bond of unity with our brothers and sisters in their suffering. Many of us had realizations about life that shook us out of our mindsets and lifestyles that changed us forever. We began looking at life with a broader perspective.

We are *not* victims. The highest level of our beings, the spirit of our soul, creates these circumstances for our benefit. The people in our lives are experiencing the same thing: challenges from which to grow. Hopefully, as we realize this we can develop a continual nature of compassion for our selves and each other.

For myself, the application of this realization has set me free in many ways. It has also cascaded into many other realizations that make me feel more and more compassion, love, and gratitude and less and less disturbance in my heart and in my mind. We are learning that by creating peace in our own inner sanctuary and in our lives, we are creating peace in the world.

The new energy in the world has caused us to unleash all of our old pent up feelings: pains and scars from the past. We’re edgy. Our buttons get pushed. We feel instant karma, things are happening to us that show signs of what a reflection life is. We are changing rapidly in this new energy. We are becoming more humble and expressing our true nature of love.

As we move our attention to the global situation, we see people who seem to be entertaining ill intention and doing things like destroying the World Trade Center. Again, a broader perspective helps relieve the issue. We can use this event to make the world a better place. It already

has. Do *you* remember feeling the global compassion on September 11? Wasn't it great when everyone involved put aside prejudices and exclusive belief systems to feel brotherhood and love? We noticed many acts of kindness and heroism as a result of that event. Many people learned more about themselves and what it felt like to be in that loving, caring state of consciousness. This is pure love.

That was its purpose. It is our choice whether we want to continue that feeling of compassion and love through forgiveness to heal the planet, or to play victim and blame games and destroy the planet.

As individuals we make our choices. Let's be courageous and authentic. Let's not buy into the old games of force and control. We do not, for any reason under the sun, have to be dominated or controlled in any way.

We have the power within to create peace in our hearts. If we express from our hearts, we can live peacefully with all those in our lives. We have the freedom to choose peace by being peaceful within ourselves.

We are realizing that our Life energy is directed outwardly to create our reality. We qualify and direct our energy through our thoughts and feelings. Life is not happening to us, we are creating it. We are now owning our own Divine authority and expressing our selves naturally and authentically.

We are healing our hearts from past mis-creations with the energy of compassion and forgiveness. We are releasing programmed beliefs that create limitations in our minds. We are discovering how to use our creative abilities with a pure heart and pure imagination. With this new perspective we are now consciously creating our New World.